



# ENDO BALTIC 2023

November 24<sup>th</sup> - 25<sup>th</sup>  
Friday - Saturday  
2023

Pre-congress workshop - 23<sup>rd</sup> of November (Thursday)

Radisson Blu Hotel, Vilnius, Lithuania



# LECTURERS



Francesco Iacono



Chiara Pirani



Saulius Drukteinis



Bogdan Moldoveanu



Vitoldas Šalašidi



Neringa Skučaitė



Christos Boutsoukis



Jotautas Kaktys



Tadas Venskutonis

# SCIENTIFIC PROGRAMME

## FRIDAY

November 24<sup>th</sup>

08:00 - 09:00

Registration

09:00 - 09:15

Conference Opening

09:15 - 10:15

Gyd. Vitoldas Šalašidi 

10:15 - 11:15

Dr. Saulius Drukteinis 

11:15 - 11:45

Coffee Break

11:45 - 13:15

Dr. Bogdan Moldoveanu 

13:15 - 13:30

LSE Annual Member Meeting

13:15 - 14:30

Lunch Break

14:30 - 15:30

Dr. Tadas Venskutonis 

15:30 - 16:30

Dr. Neringa Skučaitė 

16:30 - 17:00

Coffee Break

17:00 - 18:15

Gyd. Jotautas Kaktys 

## SATURDAY

November 25<sup>th</sup>

09:30 - 11:00

Dr. Francesco Iacono & Dr. Chiara Pirani 

11:00 - 11:30

Coffee Break

11:30 - 13:00

Dr. Francesco Iacono & Dr. Chiara Pirani 

13:00 - 14:00

Lunch Break

14:00 - 15:30

Dr. Christos Boutsoukis 

15:30 - 16:00

Coffee Break

16:00 - 17:30

Dr. Christos Boutsoukis 

17:30 - 17:45

Discussion, Conference Closing



Lectures in Lithuanian language. Other lectures will be presented in English language. Simultaneous translation will be provided.



# MISTAKES MADE TO BE FORGOTTEN

## SEALING ROOT PERFORATIONS USING BIODENTINE

Endodontics is one of the most meticulous specialties of dentistry, requiring high levels of concentration, focus and for the most part, „craftsmanship”. Obviously, the hand is guided by the head, therefore thorough theoretical knowledge is required, not just practical skills. One might argue that this is the beauty of endodontics, the symbiosis between scientific knowledge, empirical proof, and practical skills. The downside is, that to reach peak performances you need a lot of time & exercise, years of experience are required to be able to easily manage difficult cases. We cannot choose the patients we treat, neither at what stage of our career they visit us, that is precisely why, we occasionally find ourselves, in situations that surpass our current level of expertise. It is in those moments that accidents and errors usually occur, and endodontic perforations are one of the most common ones.

The goal of this course is to help you prevent such mishaps but also to understand how you might fix them once they've occurred. You're going to be presented with information extracted from an extensive overview of the literature as well as from my 13 years of experience as an endodontist, with tens of perforations well managed. You're not only going to learn tips and tricks, although you'll have plenty of those, but you'll also come to understand the biological aspects that make sealing a perforation such a difficult task and why it has been coined „the most devastating endodontic accident possible”. I'm sure that by participating in this course you'll improve your daily dentistry starting from the very next day!



### DR. BOGDAN MOLDOVEANU

15:00 - 16:00

Sharing knowledge on Root Perforations (Lecture)

16:00 - 16:20

Perforation Closure (Live demonstration)

16:20 - 17:00

Hands-on Perforation Closure

#### **The pre-congress workshop will focus on root perforation:**

- 1) Extensive overview on the newest literature
- 2) Biological aspects
- 3) Tips & Tricks from over 13 years of experience as endodontist
- 4) Hands-on practice on root perforation closure using Biodentine

Pre-congress course November 23<sup>rd</sup> (Thursday)  
Radisson Blu Hotel, Vilnius, Lithuania

# CONFERENCE DINNER AT SKYBAR

## FRIDAY 20:00

*November 24<sup>th</sup>*

Lithuanian Society of Endodontology sincerely welcomes every conference participant to enjoy the conference dinner on Friday at 20 o'clock at the Radisson Blu Hotel Lietuva, Vilnius - Skybar Delta lounge. We encourage you to not miss the opportunity to meet your colleagues, friends and lecturers, enjoy the evening dinner and drinks on the background of the DJ music with a wonderful night view to the old town of Vilnius. An entrance to the Conference Evening Dinner is free of charge. Dinner and drinks are included.





# CONFERENCE VENUE

## RADISSON BLU HOTEL, VILNIUS

- One of the biggest conference halls in the city

- In the heart of the capital city Vilnius

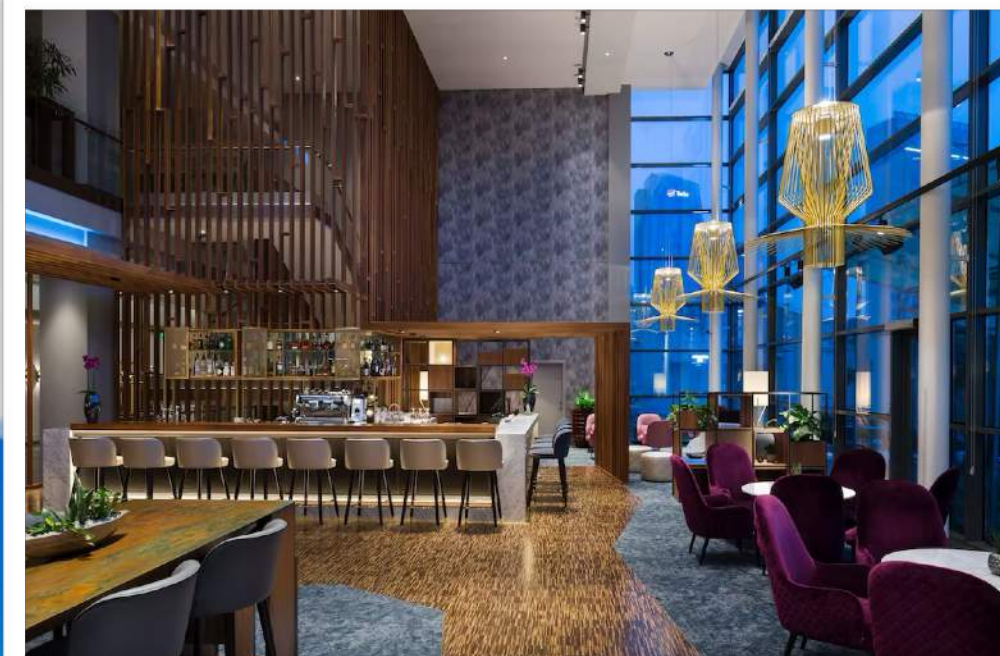


- More than 200 participants, company representatives

- International lecturers, Pre-congress workshop



Konstitucijos Av. 20,  
Vilnius LT-09308,  
Lithuania





# FOREIGN SPEAKERS

# FRANCESCO IACONO



Francesco Iacono graduated in Dentistry from the University of Catania in 2007. In 2008 he completed a Master's Programme in Endodontology at the University of Bologna. For a period, in 2008 and in 2011, he was visiting scholar at the Department of Oral Biology of the Medical College of Georgia, US. He collaborates with several Universities for research activities, publishing in peer-reviewed endodontic journals with particular interest in endodontic NiTi instruments and bioceramic materials. Dr. Iacono has given several lectures and hands-on courses in Italy and abroad and he also maintains a full-time clinical activity limited to Endodontics. In 2015 and 2017 he received the "Francesco Riitano" prize for the best presented research at the National Meeting of the Italian Society of Endodontics (SIE).

He serves as Opinion Leader for international companies in the Endodontic field and collaborates with universities and renewed Academics. Associate Private practice in Bologna, Italy, with a full-time clinical activity in Endodontics.

Active Member of the Italian Society of Endodontics since 2017. Member of Communication Committee of the Italian Society of Endodontics 2021-2022. Member of the Cultural Committee of the Italian Society of Endodontics 2019-2020 and 2023-2024. Certified Member of the European Society of Endodontology (ESE) since 2021. Co-Author of a chapter in the book *The Digital Revolution*, Quintessence Publishing, 2023.



# CHIARA PIRANI

Graduated in Dentistry in 2003 and completed a Master's Programme in Endodontology at the University of Bologna in 2004. PhD in Dentistry for Special Care completed in 2008. She collaborates with different Universities since several years, for research activities, publishing in peer-reviewed endodontic journals with particular interest in endodontic NiTi instruments and clinical research. In 2015, Dr. Pirani has been awarded the Garberoglio prize by the Italian Society of Endodontics (SIE) for the best research scientific work.

She published more than 50 articles in scientific peer-reviewed journals on different endodontic and restorative topics. Reviewer for the International Endodontic Journal, Australian Endodontic Journal, European Endodontic Journal, Materials, Acta Odontologica Scandinavica and the Italian Journal of Endodontics. She serves on the Board of the Cultural Committee of the Italian Society of Endodontics (SIE) since 2018. She is coordinator of north-east area for the Italian Society of Endodontics since 2023. Dr. Pirani has given several lectures, courses, and hands-on courses worldwide. She serves as Opinion Leader for some international companies in the Endodontic field.

In 2021 she received the certification to be Professor of II level in Italy. She collected several international collaborations with renewed Universities and Academics. Actually, Dr. Pirani is Member of the Steering Committee for the S3 guidelines in Endodontology by the European Society of Endodontology. Ordinary member of the Italian Academy of Endodontics since 2016. Active member of the Italian Society of Endodontics since 2017. Certified member of the European Society of Endodontology since 2021. She works in private practice limited to endodontics and restorative dentistry in Bologna, Italy.



**FRANCESCO IACONO &  
CHIARA PIRANI**

**ADVANCES IN  
ENDODONTICS:**

**TECHNOLOGY,  
INNOVATION AND  
BIOLOGICAL BASES**

The strategies aimed to maintain the natural teeth are acquiring renewed importance. In recent years, the significant advances in technology, materials and endodontic treatment procedures in modern endodontics has profoundly changed the approach to endodontic treatment. These innovations include microscopy, rotary NiTi files, ultrasonics, enhanced irrigation solutions and technologies, digital radiography, CBCT three-dimensional imaging, bioceramics, etc. and are allowing to raise the challenge of modern Endodontics in achieving success through a minimally invasive approach. Therefore, preserving dental structure, closely related to the longevity of the endodontically treated element, becomes increasingly important. This goal can be achieved by the introduction of thermally treated Nickel Titanium alloys and innovative kinematics. The purpose of the presentation is to provide an update on how the most recent innovations in Endodontics are simplifying the operating procedures even in presence of cases with different complexities.

 **COLTENE**



# CHRISTOS

Prof. Dr.

# BOUTSIOUKIS



Dr. Christos Boutsioukis received his DDS degree in 2003 and his postgraduate certificate in Endodontics in 2006 from the University of Thessaloniki in Greece. From 2007-2010 he divided his time between the University of Thessaloniki, the Academic Centre for Dentistry Amsterdam (ACTA) and the Physics of Fluids group at the University of Twente in the Netherlands, towards completion of the PhD degree. In 2011 he became postdoctoral researcher in the Physics of Fluids group, University of Twente and in 2013 he joined ACTA where he served as Assistant Professor of Endodontology until 2022. In 2023 he moved back to Thessaloniki, where he is currently Assistant Professor in the Department of Endodontology.

He has authored or co-authored more than 40 papers in peer-reviewed journals and five book chapters and serves as a referee for several international journals.

He is also a member of the ESE Research Committee. His main research interest lies in experimental and computational methods to study the dynamics of root canal irrigation.

# CHEMO-MECHANICAL PREPARATION STRATEGIES: ARE WE AT THE DAWN OF ANOTHER PARADIGM SHIFT?

Irrigation with antimicrobial solutions has long been considered the cornerstone of chemo-mechanical preparation while the main role of instrumentation is thought to be to provide sufficient radicular access for the irrigants to reach and interact with the biofilm. This concept has driven research efforts and the development of elaborate irrigation methods and systems for the past two decades but clinical evidence that these can improve the treatment outcome is still lacking. At the same time, the rival concept of minimally-invasive root canal shaping assigns greater importance to the preservation of coronal and radicular dentine at the expense of the unimpeded access of irrigants, again without convincing clinical evidence on its benefits. **This lecture will discuss irrigation-driven vs minimally-invasive chemo-mechanical preparation strategies.**

## DR. CHRISTOS BOUTSIUKIS

Various irrigants and irrigation protocols have been suggested by researchers, clinicians, and manufacturers in order to optimise root canal cleaning and disinfection. However, these suggestions are not always in agreement with the latest available evidence in the field. The aim of this lecture will be to clarify a series of common misconceptions related to root canal irrigation, to contrast the myths with the available evidence, and to recommend modifications to the protocols in order to adhere to the evidence base.

# ROOT CANAL IRRIGATION PROTOCOLS: DISPELLING THE MYTHS



Dr.  
**BOGDAN**  
**MOLDOVEANU**



Dr. Bogdan Moldoveanu DMD, MDSc graduated from the Faculty of Dental Medicine at "Iuliu Hațieganu" University of Medicine and Pharmacy of Cluj-Napoca, Romania, and then he continued his post-Graduate studies in Endodontics in Italy, at the Dental School of the University of Turin. Here he successfully graduated from the Post-Graduate Master course in "Clinical and Surgical Microendodontics" 2nd level. He is an international member of the Spanish Association of Endodontics (A.E.D.E.), a certified member of the European Society of Endodontology (E.S.E), and an International Specialist Member of the American Association of Endodontists (A.A.E). He is the CEO of the educational platform "Endodontics with Passion", opinion leader for the companies ORODEKA and SEPTODONT and holds the title of Assistant Professor at the University of Turin at the Post-Graduate Master course in "Clinical and Surgical Microendodontics"- Master program fully taught in English. He also holds a Certificate in Dental Implantology. He undertakes his clinical activity in Cluj-Napoca, working in the Regional Center of Excellence, Dr. Leahu Dental Clinics, focusing mainly on surgical and nonsurgical micro endodontics". Dr. Bogdan Moldoveanu had the pleasure of sharing his passion for endodontics with hundreds of people as an invited speaker at many conferences and congresses in countries such as Italy, Germany, UAE, Greece, Hungary, Poland, Czech Republic, Slovakia, Bulgaria, Moldavia and Romania.



**DR. BOGDAN  
MOLDOVEANU**

**STAYIN' ALIVE!!**

**VITAL PULP  
THERAPY THAT  
REALLY WORKS.**



Vital Pulp Therapy (VTP) interventions have been perceived throughout the history of dental procedures as something worth doing only for young patients and only in a very limited spectrum of pulpal inflammation. The high risk of failure made root canal treatment more appealing, especially for endodontists, even in cases where other options were possible. As technology made breakthrough after breakthrough, managing pulpal inflammation became more predictable, and new protocols and techniques enriched the field of endodontics. Sadly, not many were keen on updating themselves with the new knowledge, and thus VTP remained the ugly duckling. In recent years, a new trend of biologically oriented endodontics revitalized the dentist's interest in maintaining the patient's pulp and not only in removing it. Pulp capping and pulpotomies are now more foreseeable than ever, and we're going to discover that, together, during this presentation. I'm going to showcase information extracted from an extensive overview of the literature as well as from my 13 years of experience as an endodontist, who has always tried (whenever possible) to save the pulp. You're not only going to learn tips and tricks, although you'll have plenty of those, you'll also come to understand the biological aspects that make vital pulp treatments worthwhile and certain. By participating in this course, you'll improve your daily dentistry starting from the very next day!